

# Kids with Confidence 5K

## Age Group Results

5k

Race Date

September 26, 2015

### Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>	<u>Penalty</u>
1	Natalie Rosenberg	Wilmington DE	1597	28	5	21:47.1	21:49.7	7:02/M	

### Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>	<u>Penalty</u>
1	Steve Sinko	Newark DE	1861	39	1	16:36.1	16:36.1	5:21/M	

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## Age Group Results

**5k**

Race Date  
September 26, 2015

### Female 13 and Under

-----Total-----									
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace	Penalty
1	Hannah Beck	Wilmington DE	146	8	45	28:02.6	28:23.6	9:03/M	
2	Hanna Campbell	Exton PA	285	9	62	31:03.3	31:11.6	10:01/M	
3	Hana Simmons	Newark DE	1908	11	63	31:04.2	31:07.8	10:01/M	
4	Makena Simmons	Newark DE	1909	9	71	33:07.7	33:11.7	10:41/M	
5	Meghan Monaghan	Wilmington DE	1927	8	79	34:20.2	34:41.5	11:05/M	
6	Kendall Riley	Wilmington DE	1568	10	88	36:15.3	36:24.5	11:42/M	
7	Sarah Beck	Wilmington DE	167	6	111	43:09.6	43:32.1	13:55/M	
8	Mia Romish-Mui	Newark DE	1596	10	124	47:00.6	47:11.5	15:10/M	
9	Aiden Lewis	Wilmington DE	440	11	164	58:48.0	59:12.0	18:58/M	
10	Kaylee Newnam	New Castle DE	489	13	180	1:04:28.9	1:05:01.8	20:48/M	
11	Caitlin Lam	Newark DE	406	13	181	1:04:29.2	1:05:02.1	20:48/M	
12	Mckayla Megginson	Clayton DE	463	10	191	1:14:20.4	1:14:22.6	23:59/M	

### Male 1 to 13

-----Total-----									
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace	Penalty
1	Noah Beck	Wilmington DE	124	11	10	22:45.7	22:47.8	7:20/M	
2	Sammy Beck	Wilmington DE	122	13	23	25:12.1	25:14.5	8:08/M	
3	Gregory Lederer	Glen Mills PA	435	11	61	30:55.6	31:03.1	9:58/M	
4	Sincere Mosley	Wilmington DE	484	11	80	34:21.0	34:23.6	11:05/M	
5	Xander Brewer-Ley	Newark DE	183	6	103	39:43.2	39:48.2	12:49/M	
6	Colin Campbell	Exton PA	286	11	109	42:44.4	43:20.5	13:47/M	
7	John Francis	Dover DE	1913	9	135	50:52.7	50:54.6	16:25/M	
8	Andrew Peffley	Wilmington DE	496	8	138	51:42.1	51:42.2	16:41/M	

### Female 14 to 19

-----Total-----									
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace	Penalty
1	Alexandra Pflieger	Wilmington DE	499	16	70	32:36.7	32:40.6	10:31/M	

### Male 14 to 19

-----Total-----									
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace	Penalty
1	Mitchell Riley	Wilmington DE	1572	15	6	21:54.0	21:59.9	7:04/M	
2	Nate Riley	New Castle DE	1558	17	11	22:47.7	22:53.5	7:21/M	
3	Dwayne Demby Jr	Dover DE	356	16	35	26:31.5	26:34.0	8:33/M	
4	Jonathan Zappala		244	18	134	50:38.5	50:52.0	16:20/M	

### Female 20 to 29

-----Total-----									
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace	Penalty
1	Becky Burris	Wilmington DE	282	25	37	26:46.4	26:51.2	8:38/M	
2	Lauren Jervis	Wilmington DE	387	23	40	27:13.4	27:18.2	8:47/M	
3	Emmalee Stranick Redstone	Middletown DE	1872	26	42	27:48.9	27:53.0	8:58/M	
4	Kathryn Stranick Redstone	Middletown DE	1879	24	43	27:50.3	27:54.1	8:59/M	
5	Caitlin Davis	Woodbury Heights NJ	350	26	58	30:32.3	30:40.9	9:51/M	
6	Jennifer Motylinsky	Philadelphia PA	1911	26	68	32:00.2	32:13.4	10:19/M	
7	Lindsay Naylor	Wilmington DE	486	27	82	34:27.5	34:40.2	11:07/M	
8	Caitlin Tressler	Newark DE	1888	28	101	39:19.3	39:35.2	12:41/M	
9	Christa Adkins	Wilmington DE	1921	27	118	45:31.0	45:44.9	14:41/M	
10	Alexa Walter	Chadds Ford PA	1922	22	127	48:30.7	48:50.4	15:39/M	
11	Kristin Daskilewicz	Wilmington DE	348	29	150	55:22.6	55:48.8	17:52/M	
12	Rebecca Litwack	Hockessin DE	445	21	152	57:04.2	57:20.7	18:25/M	
13	Lily Wood	Newark DE	1893	20	153	57:04.4	57:20.7	18:25/M	
14	Alina Litwack	Hockessin DE	446	23	154	57:05.0	57:21.1	18:25/M	
15	Sarah Lafave	Newark DE	397	26	160	57:44.1	57:57.1	18:37/M	
16	Kelly Darby	Wilmington DE	299	23	172	1:00:50.2	1:01:22.0	19:37/M	
17	Carly Cagle	Marcus Hook PA	284	24	188	1:13:36.7	1:14:22.2	23:45/M	

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### Male 20 to 29

-----Total-----									
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace	Penalty
1	Alex Darby	Wilmington DE	297	26	14	23:14.2	23:16.9	7:30/M	
2	Bobby Judge	Wilmington DE	389	27	18	24:15.2	24:19.4	7:49/M	
3	Timothy Akers Jr	Wilmington DE	14	29	51	28:46.5	28:57.6	9:17/M	
4	Stephen Petfield	Wilmington DE	498	29	78	34:14.3	34:25.2	11:03/M	

### Female 30 to 39

-----Total-----									
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace	Penalty
1	Meghan Keir	Media PA	1920	33	7	22:00.8	22:02.3	7:06/M	
2	Becky McMenamy	Marcus Hook PA	460	34	9	22:42.2	22:43.2	7:19/M	
3	Leah Fyock	Wilmington DE	369	33	20	24:41.1	24:44.5	7:58/M	
4	Leigh Anne Emrich	Newark DE	362	35	24	25:16.8	25:20.0	8:09/M	
5	Noreena Lewis	Wilmington DE	442	35	27	25:44.5	25:49.5	8:18/M	
6	Melanie Aube	Newark DE	50	38	33	26:24.1	26:35.0	8:31/M	
7	Michele Meixell	Wilmington DE	466	38	36	26:32.3	26:37.3	8:34/M	
8	Toni Cleaver	Wilmington DE	1903	34	38	26:48.9	26:55.3	8:39/M	
9	Jessica Diemidio	Springfield PA	358	31	41	27:27.0	27:28.5	8:51/M	
10	Amy Crabill	Elkton MD	293	35	47	28:13.1	28:22.7	9:06/M	
11	Michelle Clark	Wilmington DE	289	31	49	28:29.5	28:41.0	9:11/M	
12	Trisha Lashomb	Elkton MD	408	37	57	30:29.8	30:38.2	9:50/M	
13	Chrissy Hower	Wilmington DE	1901	35	74	33:37.5	33:51.7	10:51/M	
14	Islanda Finamore	Wilmington DE	364	35	75	33:40.3	33:55.2	10:52/M	
15	Julie Yeager	Wilmington DE	1895	35	76	33:49.5	34:03.7	10:55/M	
16	Kelly Darby	Perkasie PA	298	30	83	34:27.8	34:33.0	11:07/M	
17	Tressa Catalina	Wilmington DE	288	37	90	36:32.2	36:42.8	11:47/M	
18	Kristin Akers	Wilmington DE	13	34	91	36:34.3	36:44.8	11:48/M	
19	Anne Decaire	Newark DE	1939	38	92	36:41.4	37:16.0	11:50/M	
20	Kathleen White	Middletown DE	1904	34	95	37:10.1	37:16.8	11:59/M	
21	Meghan Covert	Elkton MD	1905	34	96	37:10.3	37:17.0	11:59/M	
22	Sarah Patterson	Elkton MD	495	37	97	37:15.7	37:25.1	12:01/M	
23	Becca Beck	Wilmington DE	120	39	112	43:10.5	43:32.0	13:55/M	
24	Linn Cadieux	Elkton MD	283	31	132	50:32.5	50:55.2	16:18/M	
25	Amy Temple	Newark DE	1883	37	133	50:32.5	50:55.2	16:18/M	
26	Gina Porter	Newark DE	1533	39	159	57:44.0	57:57.0	18:37/M	
27	Maureen McCafferty	Wilmington DE	457	33	167	59:03.6	59:36.5	19:03/M	
28	Candace Tracy	Kennett Square PA	1887	30	186	1:13:32.1	1:14:17.7	23:43/M	
29	Jennifer Demby	Dover DE	354	35	187	1:13:36.1	1:14:22.3	23:45/M	

### Male 30 to 39

-----Total-----									
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace	Penalty
1	Jeff Vance	Wilmington DE	1917	39	2	18:58.1	18:58.2	6:07/M	
2	Mike Lashomb	Elkton MD	407	32	17	23:48.3	23:57.4	7:41/M	
3	Steve Zych	Newark DE	1897	36	19	24:23.1	24:26.1	7:52/M	
4	Ryan Govers	Elkton MD	1912	38	21	24:46.1	24:49.1	7:59/M	
5	Greg Maziarz	Wilmington DE	455	37	22	25:04.2	25:06.4	8:05/M	
6	Brian Tibbits	Wilmington DE	1916	39	25	25:24.9	25:29.8	8:12/M	
7	Michael Nye	Wilmington DE	491	36	32	26:09.9	26:09.9	8:26/M	
8	Isaac Wolkowicz	Avondale PA	1892	32	39	27:11.8	27:46.8	8:46/M	
9	Richard Dudek	Wilmington DE	360	34	48	28:24.3	28:35.8	9:10/M	
10	Brian Martinenza	Newark DE	447	33	65	31:21.5	31:29.4	10:07/M	
11	Jamin Bartolomeo	Burtonsville MD	104	34	66	31:21.7	31:29.6	10:07/M	
12	Eric Aber	Newark DE	1931	39	69	32:00.3	32:09.4	10:19/M	
13	Daniel Keir	Media PA	1919	33	81	34:24.8	34:50.4	11:06/M	
14	Matthew Kusulas	Philadelphia PA	396	34	85	34:38.2	35:12.8	11:10/M	
15	Kevin Derbyshire	Wilmington DE	1933	34	93	36:41.7	37:15.9	11:50/M	
16	Pei Lin	Newark DE	444	34	100	38:45.7	38:45.7	12:30/M	20:00
17	David Ford	New Castle DE	1940	36	114	45:03.3	45:23.5	14:32/M	
18	John Daskilewicz	Wilmington DE	349	30	151	55:23.3	55:50.1	17:52/M	

### Female 40 to 49

-----Total-----									
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace	Penalty
1	Michelle Janis	West Chester PA	383	48	15	23:15.8	23:17.0	7:30/M	

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**5k**

Race Date  
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### Female 40 to 49

-----Total-----									
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace	Penalty
2	Loretta McAleer	Wilmington DE	456	40	26	25:30.0	25:34.4	8:14/M	
3	Victoria Petrone	Wilmington DE	1925	42	31	26:03.7	26:11.2	8:24/M	
4	Denise Jarrell	Wilmington DE	385	42	53	29:15.6	29:23.8	9:26/M	
5	Gina Lederer	Glen Mills PA	423	40	54	29:32.0	29:39.6	9:32/M	
6	Deb Buenaga	Wilmington DE	279	49	55	30:03.2	30:06.2	9:42/M	
7	Susan Jervis	Wilmington DE	388	47	60	30:49.7	30:55.1	9:56/M	
8	Marion Fielding	Exton PA	363	40	64	31:04.8	31:13.0	10:01/M	
9	Cheryl Titcher	Newark DE	1886	47	67	31:51.8	32:00.4	10:16/M	
10	Annie Slease	Wilmington DE	1862	44	72	33:16.9	33:26.6	10:44/M	
11	Suzette Piotti	Glen Mills PA	1525	48	86	35:32.8	35:42.7	11:28/M	
12	Renee Crossman	Glen Mills PA	294	46	87	35:32.9	35:42.7	11:28/M	
13	Deb Lewis	Wilmington DE	438	44	98	37:38.0	37:48.2	12:08/M	
14	Samantha Neubert	Wilmington DE	488	41	102	39:19.5	39:35.2	12:41/M	
15	Barbara Ley	Newark DE	443	43	104	39:43.7	39:47.8	12:49/M	
16	Eileen Selph	Newark DE	1600	48	121	45:59.3	46:06.6	14:50/M	
17	Betsy Simmons	Newark DE	1907	44	128	49:12.4	49:16.4	15:52/M	
18	Julie Monaghan	Wilmington DE	1928	40	129	49:49.0	50:13.2	16:04/M	
19	Diana Daly	Newark DE	295	44	131	50:17.9	50:36.8	16:13/M	
20	Dawn Riley	Wilmington DE	1573	45	148	54:23.1	54:51.7	17:33/M	
21	Lisa Romish	Newark DE	1595	49	155	57:40.9	57:53.9	18:36/M	
22	Kathy McQuiston	Chadds Ford PA	462	48	175	1:02:29.5	1:02:29.5	20:09/M	
23	Sherry Gagne	Landenberg PA	367	45	177	1:03:07.8	1:03:38.6	20:22/M	
24	Christine Lafazia	Newark DE	398	47	178	1:03:08.2	1:03:38.8	20:22/M	
25	Keri Bailey	New Castle DE	63	42	183	1:07:12.2	1:07:45.1	21:41/M	
26	Joanna Horne	Wilmington DE	377	40	189	1:13:57.2	1:14:17.7	23:51/M	

### Male 40 to 49

-----Total-----									
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace	Penalty
1	Mike Janis	Newark DE	379	47	8	22:19.4	22:21.0	7:12/M	
2	Tj Aube	Newark DE	1937	46	29	26:00.9	26:12.8	8:23/M	
3	Vince Dills	Wilmington DE	1926	40	30	26:03.4	26:11.1	8:24/M	
4	Matthew Lederer	Glenmoore PA	424	40	44	28:01.4	28:09.0	9:02/M	
5	Josh Beck	Wilmington DE	121	40	46	28:03.1	28:23.8	9:03/M	
6	Jeff Lam	Newark DE	400	43	50	28:41.0	28:49.9	9:15/M	
7	Steve Catalina	Wilmington DE	287	45	89	36:20.1	36:31.0	11:43/M	
8	William Riley	New Castle DE	1556	45	94	36:48.1	36:57.1	11:52/M	
9	Stephen Selph	Newark DE	1854	42	106	39:57.1	40:04.8	12:53/M	
10	Stephen Selph	Newark DE	1855	42	122	45:59.7	46:06.7	14:50/M	
11	Mike Peffley	Wilmington DE	497	44	139	51:42.9	51:43.0	16:41/M	
12	Steve Buenaga	Wilmington DE	280	49	146	53:44.2	54:10.0	17:20/M	
13	Roger Bungy	Wilmington DE	281	45	161	58:41.6	59:09.1	18:56/M	
14	Ronnell Upshur	Philadelphia PA	1898	43	165	58:48.1	59:08.9	18:58/M	
15	Mark Denio	Wilmington DE	357	46	173	1:01:28.1	1:02:04.9	19:50/M	
16	Matt Bailey	New Castle DE	92	44	184	1:07:12.8	1:07:44.7	21:41/M	
17	John Horne	Wilmington DE	378	40	190	1:14:00.9	1:14:21.2	23:52/M	

### Female 50 to 59

-----Total-----									
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace	Penalty
1	Susan Judge	Wilmington DE	391	57	56	30:23.6	30:29.0	9:48/M	
2	Marykay Mills	Elkton MD	468	55	59	30:41.7	30:48.1	9:54/M	
3	Grettel Huber	Wilmington DE	1938	51	73	33:27.2	33:36.1	10:47/M	
4	Andrea Finenosky	Wilmington DE	1906	52	77	34:08.5	34:14.7	11:01/M	
5	Julie Eastburn	Newark DE	361	50	84	34:32.7	34:38.7	11:08/M	
6	Frances Ratner	Wilmington DE	1929	53	107	40:43.4	41:06.7	13:08/M	
7	Cindy Biederman	Hockessin DE	168	56	115	45:12.4	45:49.8	14:35/M	
8	Anna Ogunnaik	Hockessin DE	493	56	116	45:12.5	45:49.6	14:35/M	
9	Annette Dawson	Claymont DE	351	55	117	45:22.0	45:22.0	14:38/M	
10	Lisa Adkins	Wilmington DE	4	50	119	45:31.2	45:45.0	14:41/M	
11	Terrienne Lavin	Newark DE	422	51	120	45:58.6	46:06.0	14:50/M	
12	Maria Mockbee	Chadds Ford PA	1941	50	123	46:02.5	46:32.7	14:51/M	
13	Maria Walter	Chadds Ford PA	1924	52	126	48:30.5	48:50.3	15:39/M	
14	Donna Gooden	Newark DE	375	50	136	51:04.4	51:26.4	16:28/M	
15	Nancy Britton	Media PA	223	55	142	52:10.1	52:37.0	16:50/M	
16	Mary Hopkins	Newark DE	1910	56	149	54:43.9	55:20.0	17:39/M	
17	Ronit Litwack	Hockessin DE	1918	50	158	57:41.6	57:58.7	18:36/M	
18	Shirley Morrison	Pennsville NJ	471	51	168	59:03.9	59:36.9	19:03/M	

20:00

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### Female 50 to 59

-----Total-----									
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace	Penalty
19	Donna Appenzeller	Sudlersville MD	26	57	169	59:04.8	59:30.2	19:03/M	
20	Dottie Mattern	Garnet Valley PA	454	56	174	1:02:29.5	1:02:29.5	20:09/M	

### Male 50 to 59

-----Total-----									
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace	Penalty
1	Duane Christy	Havre De Grace MD	370	52	3	21:09.5	21:09.6	6:49/M	
2	Tom Way	Wilmington DE	1890	53	4	21:25.8	21:27.3	6:55/M	
3	Terry Gleason	Newark DE	1899	51	12	22:59.9	23:06.7	7:25/M	
4	Robert Judge	Wilmington DE	390	56	13	23:02.9	23:06.4	7:26/M	
5	Jaimie Pickles	Wilmington DE	500	51	16	23:44.3	23:48.9	7:39/M	
6	David Zappacosta	Wilmington DE	1934	52	28	25:47.6	25:52.8	8:19/M	
7	Steven Biener	Wilmington DE	1930	54	34	26:29.1	26:45.2	8:33/M	
8	Chris Coons	Wilmington DE	1915	52	52	28:54.1	28:59.5	9:19/M	
9	Jay Luft	Wilmington DE	1902	58	99	37:55.6	38:05.1	12:14/M	
10	Bob Batley	Glen Mills PA	109	52	108	42:27.5	42:27.5	13:42/M	
11	Eddie Mui	Newark DE	485	56	125	47:01.1	47:12.1	15:10/M	
12	Rick Jervis	Wilmington DE	386	55	137	51:04.6	51:26.3	16:28/M	
13	Ted Megginson	Clayton DE	465	58	140	52:04.7	52:53.2	16:48/M	
14	Bill Britton	Media PA	188	55	141	52:09.7	52:36.8	16:49/M	
15	Brian Darby	Wilmington DE	296	58	171	1:00:50.1	1:01:21.8	19:37/M	
16	Paul Powell	Wilmington DE	1536	56	179	1:03:08.8	1:03:39.9	20:22/M	
17	Andrew Walter	Chadds Ford PA	1923	57	185	1:08:53.3	1:08:58.8	22:13/M	45:00

### Female 60 and Over

-----Total-----									
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace	Penalty
1	Maryann Schaftlein	West Chester PA	1598	62	105	39:54.7	40:00.6	12:52/M	
2	Betty Olmstead	Wilmington DE	494	69	110	42:53.0	43:07.9	13:50/M	
3	Lynda Stellenberg	Wilmington DE	1866	67	130	49:49.6	50:12.9	16:04/M	
4	Brenda Riley	Wilmington DE	1575	67	147	54:23.0	54:51.3	17:33/M	
5	Barbara Cohen	Garnet Valley PA	291	70	163	58:47.9	59:11.6	18:58/M	
6	Debbie Dintenfass	Newark DE	1900	65	166	58:50.7	59:09.6	18:59/M	
7	Cindy Wingate	Lincoln University PA	1891	65	170	59:04.9	59:30.3	19:03/M	
8	Sherry Megginson	Clayton DE	464	62	176	1:02:43.7	1:03:31.0	20:14/M	
9	Joann Janis	Newark DE	382	70	182	1:06:24.8	1:06:43.8	21:25/M	
10	Marion Fielding	Paoli PA	1935	73	193	1:22:52.0	1:23:28.0	26:44/M	40:00

### Male 60 and Over

-----Total-----									
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace	Penalty
1	Don Staley		290	67	113	44:10.0	44:23.4	14:15/M	
2	Rich Schaftlein	West Chester PA	1599	74	143	53:09.4	53:16.5	17:09/M	
3	David Rosenberg	Wilmington DE	1914	65	144	53:18.9	53:46.6	17:12/M	
4	Jay Stellenberg	Wilmington DE	1871	73	145	53:40.8	54:06.5	17:19/M	
5	Stephen Mockbee	Wilmington DE	469	68	156	57:41.1	58:11.6	18:36/M	
6	Don Stow	Thornton PA	1932	61	157	57:41.4	58:11.2	18:36/M	
7	Robert Cohen	Garnet Valley PA	292	69	162	58:47.4	59:11.7	18:58/M	
8	Todd Fieding	Paoli PA	1936	73	192	1:22:50.2	1:23:26.9	26:43/M	40:00